UR IMPACT REPOR

FALL 2024







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You made all of this possible. Thank you!

As we celebrate 35 years of impact in 2024, Physicians for Peace reflects on the remarkable achievements of our last fiscal year.

Thanks to the hard work of our volunteers, the cooperation of our local partners, and the kindness of people like YOU, we've built a strong network of support. Together, we provided

training and education in countries like Malawi, Tanzania, the Dominican Republic, Nicaragua, and Peru, making a real difference in people's lives.

Thank you for being a vital part of our journey.

Discover our impact through the numbers, explore our global initiatives, and be inspired by the story of Barnabas—a story of possibility.

Inside... **Tanzania**

Dominican Republic

>>> Malawi

Barnabas' Story



520 West 21st Street, G2103 Norfolk, VA 23517

Inside: Your amazing impact!

Our Work

Expanding Horizons: Our First Rehabilitation Training Initiative in Tanzania

Back in March, we made our first trip to Tanzania to provide training and education to nurses and therapists at Bugando Medical Centre (BMC) in Mwanza. Partnering with the International Society for Burn Injuries and BMC, we introduced a year-long training program focused on burn rehabilitation and sustainable scar management using locally available materials.

We look forward to empowering Tanzanian healthcare providers with the skills and resources to lead in burn care

HEAR FROM THE NURSES AND THERAPISTS AT BMC



Esther Rundu, Nurse

"As nurses, we play a very important role in the health sector, and we feel empowered to care for the patients we see every day. We strive to provide the best possible care, and that is where education is so important."



Epifania Proches, Occupational Therapist

"The training has been truly wonderful. A week feels so short to learn so much! I'm privileged to lead the team in remote mentoring for ongoing learning and share our insights with colleagues and advance as a leader in burn rehabilitation."



Gilbert Mrosso, Physical Therapist

"We gained valuable techniques for treating burn scars, using materials from the market. We crafted a knee splint from a water bottle, a neck splint from cardboard, and inserts from a bra. These are things that we can access."

A Heartbeat of Hope: Burn nursing in the Dominican Republic

Our recent initiative to train pediatric burn nurses in the Dominican Republic was a resounding success. We delivered comprehensive training to 23 burn nurses at the Dr. Thelma Rosario Children's Burn Center in Santiago. Now, with their enhanced skills, they are adopting new techniques and approaches to provide better care for their young patients within their community. Monthly



sessions provide follow-up and mentoring opportunities for continued professional development, ensuring ongoing support and refinement of their newly acquired skills.



Scan to Give Now and Increase Your Impact



"A major challenge for the unit is the insufficient therapy and rehabilitation staff, which makes it difficult to properly position burn patients in bed. This can lead to complications



like contractures or deformities due to inadequate mobilization.

The recent training has significantly improved our use of positioning splints, helping to reduce functional impairments and decrease edema more effectively."

Germania Contreras,

Head Nurse, Dominican Republic

Empowering Surgical Care: Advancing Skills and Sustainability in Malawi's Queen Elizabeth Central Hospital (QECH)

In a region facing a critical shortage of surgeons, Dr. Dominik von Malsen has dedicated nearly a year to volunteering in Malawi. His ongoing work is essential for ensuring the sustainability of surgical education.



His contributions include introducing bedside ultrasound and optimizing the operating room schedule to prioritize stoma reversal surgeries.

By training junior surgeons and surgical staff, we're empowering local healthcare providers to deliver high-quality care to patients in need.

Empowering Malawi's Critical Care Nurses: A Training Success Story

This initiative at Queen
Elizabeth Central Hospital
equipped **39 critical care nurses** with the skills to
provide **high-quality patient care**. Through focused
hands-on training, nurses
are now better prepared to
identify and address patient



needs, ensuring timely interventions. The training has **boosted their confidence**, **allowing them to fully utilize their expertise**.

Improvements include more thorough patient assessments, manual verification of vital signs for accuracy, early detection of lung abnormalities, and more effective pain assessments for unconscious patients.

Pediatric Surgery Training Initiative at QECH, Malawi

52 children benefited from our pediatric surgery training initiative at QECH, where surgeons and residents gained the skills to successfully treat complex cases, including congenital anomalies, oncology, and neonatal surgery.

This initiative demonstrates the positive impact of global surgery and the importance of investing in the development of local surgical talent to improve the health and well-being of children in underserved communities.



Stories of Us Against all Odds: Nothing is Impossible

Barnabas, a young artist, was severely burned by an electric cable while walking to school.

He had recently been admitted to Bugando Medical Centre (BMC) in Mwanza, Tanzania, when medical educators from Physicians for Peace, in collaboration with the International Society for Burn Injuries arrived to provide training and mentoring to establish a scar management program there.

After surgery, which required amputation of both his arms, the team faced a unique challenge: finding a prosthetic solution since he was missing shoulders, which are typically required for attaching most prosthetic arms.

Undeterred, the training team searched local markets and found suitable foam padding used to craft custom sockets to attach the donated prosthetic arms. **A mantra of "nothing is impossible" guided their efforts**. Working with the prosthetics team at BMC, they pushed the boundaries of possibility to provide the best possible care.

BMC burn therapists helped Barnabas relearn how to walk, eat, and even pursue his passion for art. With the support of the team, Barnabas began to rebuild his life, one step at a time.

With YOUR unwavering support, Barnabas found hope and a path to recovery.

Our Impact by the Numbers







burn patients/year in Latin America,

benefit by trained workforce.

patients/year in Malawi, receive medical care from PFP volunteers & scholars.





hours given by

19 healthcare volunteers

Malawi

50% increase in anesthesiologists

4% growth in surgeons

All thanks to 5 PFP scholarships!



78 surgery cases/month completed in the PFP supported operating room each month.

FINANCIAL SUMMARY

CONDENSED STATEMENT OF FINANCIAL POSITION

ASSETS

Cash and Investments	\$	39,692	
Other assets	\$	205,873	
Total Assets		245,565	
Total Liabilities	\$	42,695	
NET ASSETS			
Unrestricted	\$	168,619	
Temporarily Restricted	\$	34,251	
Total Net Assets	\$	202,870	
Total Liabilities and Net Assets	\$	245,565	
Unrestricted Temporarily Restricted Total Net Assets	\$	34,25 202,87	

CONDENSED STATEMENT OF ACTIVITY

PUBLIC SUPPORT AND REVENUE

In-kind contributions	\$ 383,333
Contributions and grants	\$ 591,117
Total Public Support and Revenue	\$ 974,450
EXPENSES	
Program services	\$ 452,023
Fundraising	\$ 246,269
Management and general	\$ 81,814
Total Expenses	\$ 780,106
Change in Net Assets	\$ (187,519)
Net assets July 1, 2022	\$ 390,389
Net Assets June 30, 2023	\$ 202,870

EXPENDITURES







HOW WE PUT YOUR GIFTS TO WORK

TOTAL PROGRAM EXPENSES

Surgical	Care 62.9%	\$ 284,273
Critical (Care 14.6%	\$ 65,837
Burn Ca	re 14.7%	\$ 66,420
Anesthe	sia 7.9%	\$ 35,493



TOTAL PROGRAM EXPENSES BY REGION

Latin America	14.7%	\$ 66,420
Africa	85.3%	\$ 385,603

PHYSICIANS FOR PEACE

MISSION We educate and empower local providers of surgical care to alleviate suffering and transform lives

in under-resourced communities around the world.

VISION We envision a more just and equitable world where access to life-saving and life-restoring surgical

care is available to all people everywhere, so they can go on to live healthy and meaningful lives.

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